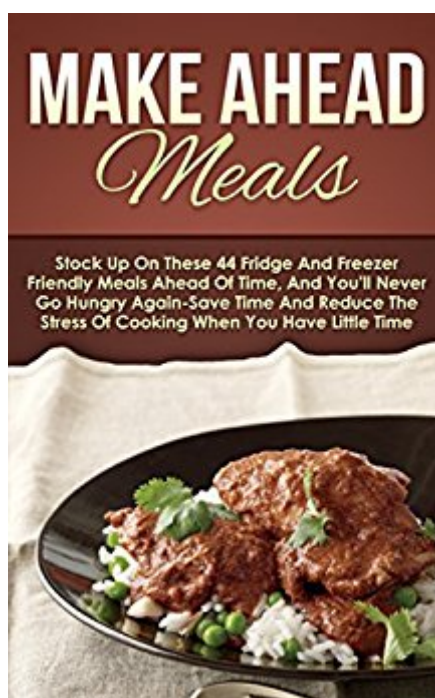


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# Make Ahead Meals: Stock Up On These 44 Fridge And Freezer Friendly Meals Ahead Of Time, And You'll Never Go Hungry Again-Save Time And Reduce The Stress ... Slow Cooker Recipes, Make Ahead Paleo)



## Synopsis

Stock Up On These 44 Fridge And Freezer Friendly Meals Ahead Of Time, And You'll Never Go Hungry Again\*\*\*\*LIMITED TIME DISCOUNT OFFER : BUY THIS BOOK TODAY FOR \$2,99. THE PRICE WILL JUMP UP TO \$3,99 SOON.\*\*\*\* Domestic cooks have busy lifestyles. Single parents, work-at-home parents, stay-at-home moms, students, working professionals, retired grandparents - all are looking for scrumptious meals that are easy and inexpensive. They crave for delicious meals but because of lack of planning, knowledge and cooking mojo, they settle for less than the best. Deep down, lots of folks feel there must be a better and easier way to eat well. Many of today's home cooks either are intimidated by the prospect of cooking many meals at once or simply don't know where to start in freezing foods for later enjoyment. Some have never even heard of freezer cooking. • Others may enjoy cooking but lack the time and energy to spend hours in the kitchen, especially after a full day of work. Freezer cooking can provide a handy solution to dinner dilemmas. Imagine enjoying inexpensive, healthy, tasty meals any night of the week. Imagine having a freezer stocked with several weeks' worth of easy, versatile dinners that can please any palate, young or old. Imagine preparing a multitude of meals in just a few hours. While we may not have machines that we can command to produce foods, we can have tasty, healthy meals without an inordinate amount of work. Here Is A Preview Of What You'll Learn...Pork Chile Verde with Hominy and CarrotsHerb-Crusted Pork RoastBasic Herb-Baked ChickenSpicy Southwest ChickenMake-Ahead Roast TurkeyMexican Beef TortasVegetable BologneseGreen Chile Rice CasseroleGrilled Tilapia or Shrimp TacosHoisin-Glazed Salmon FilletsChocolate Chip Banana Bread with OatsBacon and Spinach QuicheBean and Cheese Nacho BakeMuch, much more!Download your copy today!Try it now, click the "buy" button and buy Risk-Free

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## Customer Reviews

With two young children at home, meal time is a real chore. It seems like either my wife or myself is always running around trying to get a healthy meal on the table. Make Ahead Meals has been a great solution for us! Not only are the meals delicious and easy to prepare, but we can make them ahead of time (i.e. when the children are asleep) and put them in the fridge until meal time. I am personally looking forward to making the Mexican Beef Tortas from chapter 3 next.

The title is a bit misleading as a good portion of these meals are simply frozen raw materials you have to thaw and cook. I gave it 4 stars as it has so many good ideas despite the misleading (at least to me) title. There are a few errors, an example is the Poached Chicken recipe- in the body of the recipe it tells you to combine various ingredients including water that wasn't included in the ingredient list. A much better book, actually two, Make a Mix Cookery and More Make a Mix Cookery. Also, Freezer Meals: Make, Freeze, Eat. Easy, Delicious, And Convenient Make Ahead Meals To Save You Time and Money; yes that's the title, the whole thing. Good news is the book isn't anywhere near as complicated and wordy as the title.

Make ahead meals everyone can appreciate! This book is jammed full of easy and quick to prepare meals for any time of the day. Pork, beef, chicken, and even vegan recipes are represented here. Even for this gal who loves to cook, freezer-friendly meals are more than welcome-even breakfast! The recipes will make your mouth water and won't take hours to create. Make-ahead granola, salmon with sun-dried tomatoes and onions, steak, and enchiladas can all be ready in a flash. Maggie Bradley gives you the recipe with full and easy instruction and then includes how to best freeze and save that meal. This is a great book for anyone who EATS! I can't wait to try the make ahead breakfasts!

Make Ahead Meals: Stock Up On These 44 Fridge And Freezer Friendly Meals Ahead Of Time, And You'll Never Go Hungry Again-Save Time And Reduce The Stress ... Slow Cooker Recipes, Make Ahead Paleo) by Maggie Bradley Like how this book is divided into sections. Each recipe has a list of servings it will make, ingredient listing, how to cook and how to freeze and in what kind of containers. No pictures and no nutritional information.

If your family is like mine, busy busy busy then this book is for you. These meals are easy to make and can be frozen which is perfect for busy nights. My family enjoys the cranberry pork chops and the herbed meatballs!!! Thank you!!

This book has so many recipes which makes it perfect for the whole family. In this book we could find 44 meals that are indeed very delicious foods and easy to prepare. Aside from being so easy to prepare, the recipes are also intended to promote healthy eating habits and proper nutrition intake through the low carb meals.

As a busy mother and a wife, I have an obligation to feed my family with scrumptious meals. This book would be very helpful for me and it will save me a lot of time. There are helpful and plenty to choose from these recipes. I cannot wait to try all of these recipes to serve for my family and I know they will enjoy every meal.

I have no time to cook when I get home so this book is just good for me and it has easy, freezer-friendly recipes, tips, and tricks. Good that it is quick and easy to prepare as well and that my sister would love this too.

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